

Day/session	Time Begin	Event	gender	Amb/Seated	Class	Pit
SATURDAY	8:00	Track & Field Warmups				
MORNING	8:30	60 Meter	ALL	Ambulatory	ALL	
06/22/19		60 Meter	ALL	Wheelchair	ALL	
		Discus	Men	Ambulatory	11,12,13,20,35,36,37,38	Discus Ring
		High Jump	ALL		ALL	High Jump
		Javelin	Men	Seated	51-53,33-34	3
		Shot	Boys & Girls	Seated	ALL	1
		Shot	Women	Seated	ALL	4
	8:45	5000 Meter	ALL	Wheelchair	ALL	
	9:10	5000 Meter	ALL	Ambulatory	ALL	
	9:50	200 Meter	ALL	ALL	ALL	
	10:00	Discus	Men	Seated	51-53,33-34	2 (cage)
		Discus	Men	Ambulatory	40,41,42,43,44,45,46,47,61,62,63,64	Discus Ring
		Javelin	Boys & Girls	Seated	ALL	1
		Long Jump	Women		ALL	Long Jump 1
	11:00	TODDLER GAMES				

SUNDAY	8:00	Warmup	WARMUP			
MORNING	8:30	800 Meter	ALL	ALL		
06/23/19		Club Throw	ALL		31,32,51	2 (cage)
		Shot	Boys & Girls	Ambulatory	ALL	Shot Ring
		Discus	Women	Ambulatory	ALL	Amb Discus
		Javelin	Men	Ambulatory	40,41,42,43,44,45,46,47,61,62,63,64	Jav Runway
		Long Jump	ALL	VI	11,12,13	Long Jump 1
	9:00	Discus	Boys & Girls	Seated		2 (cage)
	9:30	Long Jump	Men	ALL		Long Jump 1
	9:45	400 Meter	ALL	ALL		
		Discus	Men	Seated	54-57	2 (cage)
	10:00	Discus	Boys & Girls	Ambulatory	ALL	Amb Discus
		Javelin	Men	Ambulatory	11,12,13,20,35,36,37,38	Jav Runway
		Javelin	Women	Seated	ALL	4
		Shot	Women	Ambulatory	ALL	Shot Ring
		Shot	Men	Seated	51-53,33-34	3
	11:00	Super Hero Fun Run & Roll				

Day/session	Time Begin	Event	gender	Amb/Seated	Class	Pit
SUNDAY	12:30	Track & Field Warmups				
AFTERNOON 06/23/19	1:00	Javelin	Boys & Girls	Ambulatory		Jav Runway
		Javelin	Women	Ambulatory	ALL	Jav Runway
		Javelin	Men	Seated	54-57	3
		Shot	Men	Ambulatory	40,41,42,43,44,45,46,47,61,62,63,64	Amb Shot
		Track Warmup	ALL			
	1:30	1500 Meter	ALL	ALL		
		Discus	Women	Seated	ALL	2 (cage)
	2:00	Compensator Set				
	2:15	100 Meter	ALL	ALL	ALL	
	2:30	Long Jump B/G	Boys & Girls		ALL	Long Jump 1
Shot		Men	Ambulatory	11,12,13,20,35,36,37,38	Shot Ring	
Shot		Men	Seated	54,55, 56, 57	3	
4:00	Closing Ceremonies					